



2016

Walks and Talks

JUNE

SAT JUNE 4 BIRD CALLS FOR BEGINNERS ★

9 am Settlement Quarry Preserve

Led by Diane Walker. Bring your curiosity, listening skills, patience, and a pair of binoculars (call IHT to borrow). Perfect for families and beginners who want to explore birding.



SAT JUNE 4 ORIENTEERING FOR KIDS AND FAMILY ★

1-3 pm Mariners Memorial Park

Bert Yankielun, research engineer, artist, and igloo builder, will lead a family fun adventure teaching map and compass navigation. Basic land navigation skills will be taught and then applied as you navigate a short route through the meadows of Mariners Memorial Park. No prior knowledge or skill required. If you have a compass, bring it along with your curiosity & enthusiasm. Some extra compasses available. Everyone welcome!

SAT, JUNE 11 MONTHLY BIRD WALK ★

8-9:30 am Scott's Landing Preserve

Join Mike Little, IHT Executive Director. Beginners welcome.

WED, JUNE 15 VOLUNTEER POTLUCK ★

5:30 pm IHT Heritage House

All volunteers and folks interested in volunteering welcome!

SAT, JUNE 18 MEDICINAL PLANT WALK & WORKSHOP

10 am Scott's Landing Preserve

Join Brigid Doherty, herbalist and gardener, on a walk each third Saturday of the month, May - October at Scott's Landing. You will learn to identify, prepare and use local medicinal plants for everyday health. Each month will provide a slightly different focus depending on the available plants. Common seasonal weeds, such as Burdock, Dandelion, and Yellow Dock and wildflowers, such as Goldenrod, Queen Anne's Lace and St John's Wort plus many more will be discussed. All ages are welcome. For more information please call 348-2455. The trails may be wet or muddy. We will walk rain or shine.



MON, JUNE 20 SHRUB ID

2:30 pm Mariners Memorial Park

Join Val Libby, retired professor of landscape history and horticulture at Temple University, and active Blue Hill volunteer, to learn about shrubs – what makes a shrub, a shrub? What characteristics help you identify the different types? What shrubs are native to this area? How are shrubs best used to create habitat while landscaping your yard? You will look at landscapes in a whole new way! All welcome!

ISLAND HERITAGE TRUST'S FAMILY & CHILDREN'S TRACK!

JULY & AUGUST: 9 am TUESDAYS & SATURDAYS

KIDS IN NATURE field trips are designed specifically for children and accompanying adults(s) to explore IHT preserves and other island locations with the help of IHT's Environmental Educator. Participants will sharpen their observations and naturalist skills while enjoying time in the outdoors. Come prepared to hike, get dirty and, maybe, wet. And don't forget your Passport to the Preserves so you can collect more stamps! Unless otherwise noted, designed for children K-3rd grade, rain or shine. \$5 Suggested Donation.

★ Indicates programs that are also very kid friendly.

SUN, JUNE 26

ISLAND CLEANUP SEA KAYAKING TRIP ★

8:30 am-4:30 pm Depart Old Quarry Ocean Adventures

Join us for a full-day sea kayak trip to IHT's Wreck and Round Islands. We will walk the shore of both islands, collecting litter. This free guided trip will include boats and other paddling gear. Wetsuits/drysuits available for rent. You don't need paddling experience; we're happy to instruct and coach as time permits; plan on paddling 8-10 miles and walking up to two miles. If you would like to do clean up but not paddle, there is a small motor boat going that can hold 6 people. Enrollment is limited; please sign-up early, 348-2455.

Clean up along island coastlines is an important part of keeping our oceans and lands healthy, if you can't make this trip but do get out to other local islands, send us a picture of yourself and your bag of trash from this summer and we will proudly post you up on our wall of beach cleaners.

TUES, JUNE 28 PUFFIN & PELAGIC BOAT TRIP

1-6 pm Depart Old Quarry Ocean Adventures

Enjoy a trip with an IHT guide through the archipelago to remote Seal Island National Wildlife Refuge, nesting site for thousands of pelagics: Atlantic Puffins, Arctic & Common Terns, Great Cormorants, Razorbills and Murres. We may also spot Gannets, Wilson's Storm Petrels, Shearwaters, seals, dolphins, and possibly whales en route. While landing is not permitted, there will be ample opportunity for viewing and photographing. \$75 members/\$85 non-members. Reservations and prepayment required, 348-2455.



WED, JUNE 29 TENNIS PRESERVE HISTORY TALK

10 am Edgar M. Tennis Preserve

Ann Hooke has been at the heart of Tennis Preserve stewardship for 20 years. You cannot walk here with anyone better informed about the natural history and human stories embedded in this 100-acre preserve. A rare opportunity to spend the morning with a gifted and enthusiastic teacher in her favorite element.

THURS, JUNE 30 CREATING LIVING LANDSCAPES

7 pm Emlen Hall, Bay School, Blue Hill

Doug Tallamy, renowned entomologist and wildlife ecologist, will speak about the ecological roles of plants in our landscapes, emphasizing the ecological, educational, physical, and emotional benefits of designing landscapes with these roles in mind, and exploring the consequences of failing to do so. This program is brought to you through the collaboration of Island Heritage Trust, Blue Hill Heritage Trust, Downeast Audubon, Great Pond Mountain Conservation Trust, and Wild Seed Project. \$10 suggested donation.

\$5 Suggested donations at W&T support broadened programming.

JULY

SAT, JULY 2 DEER ISLE HOSTEL TOUR – HOMESTEADING IN THE 21ST CENTURY: SAW MILLING DEMO

9 am Tour, 10 am Presentation, Deer Isle Hostel

Learn about traditional and modern methods used to produce building materials, food, garden amendments, and energy in harmony with the island landscape. Tour covers: gardens, orchard, Shiitake-production, compost-heated outdoor shower, hand-built 17th Century inspired timber-framed building, & more. Tours start at 9 am, followed at 10 by a 45 min presentation on various homesteading related topics. Suggested donation \$5-10. www.deerislehostel.com

SUN, JULY 3 AROUND THE ISLAND WITH BILL HAVILAND

11 am - 3:30 pm Isle au Haut Boat Company, Stonington

Join Captain Garrett Aldrich and anthropologist Bill Haviland for a round-the-island boat trip focusing on places of significance to the region's original inhabitants and the stories associated with them. \$55 members/\$65 non-members. Reservations and prepayment required, 348-2455.

TUES, JULY 5 KIDS IN NATURE: FLYING CREATURES

9 am Scott's Landing Preserve

We will search the sky, woods, and shoreline for winged animals. Birds and insects will reveal their life habits and secret techniques for flight in a variety of habitats.



TUES JULY 5 UNDERSTANDING THE NIGHT SKY ★

8:30 pm Mariners Memorial Park

Join navigator, historian, and retired professor, Davida Kellogg for an orientation to the night sky with special attention to stars and other bodies used in celestial navigation. All ages welcome. Bring a flashlight, and warm clothes.

THURS, JULY 7 GEOLOGIC TOUR OF CROTCH ISLAND

1-3 pm Leaving from town landing *IHT MEMBERS ONLY*

Jump aboard this special, guided tour to Crotch Island with geologist Roger Hooke. Walk through historic quarry ruins, view a working quarry in action, and learn about the origin of this granite, which crystallized 370 million years ago at a depth of 4½ miles. Appropriate footwear required for irregular terrain and rocky ledges; must also be comfortable climbing vertical ladder at landing pier. Register early, space limited, 348-2455.

SAT, JULY 9 KIDS IN NATURE: OCEAN'S EDGE

9 am Causeway Beach

Explore the shore where the sea's treasures are revealed. What do the shells of the snails, clams, and crabs tell us? Where are the Hermit crabs hiding? What about seaweed and other seaside plants? What critters are found under rocks or in the sand? What will you see? Come dressed to get wet and muddy.

SAT, JULY 9 MONTHLY BIRD WALK ★

7:30-9 am Scott's Landing Preserve

Guided by Gordon Russell and Jane Rosinski. Beginners welcome.

SAT, JULY 9 SWAN'S ISLAND TRIP

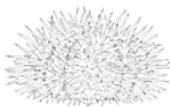
11:30 am - 4 pm Old Quarry Ocean Adventures

Take a 50 min boat ride to Swan's Island with an IHT guide who will lead a walk on Hockamock Head, a town-owned park that includes the Burnt Coat Harbor Lighthouse, nearly two miles of trails, and access to two beaches. A spectacular setting. Bring lunch/snacks, and dress in layers. \$55 members/ \$65 non-members. Reservations and prepayment required, 348-2455.

TUES, JULY 12 KIDS IN NATURE: ISLAND ADVENTURE

9-11:30 am Barred Island Preserve

Explore the forest and the seashore on one of Deer Isle's favorite



preserves. Hike through the emerald path of ferns and mosses to a shore that is like no other. A sand bar will be our path to an island, but also a site of exploration (extra hiking time needed, 9 - 11:30am).

WED, JULY 13 ANNUAL MEETING, THE NEXT CRISIS: FRESHWATER

5:30-8 pm St. Brendan's Church

Mr. Robert G. Marvinney, Director of Maine Geological Survey, will discuss Maine's groundwater resources, with an emphasis on island groundwater systems and saltwater intrusion. Members and visitors welcome! Wine & appetizers 5:30pm, business meeting 6pm, guest speaker at 7pm.

SAT, JULY 16 DEER ISLE HOSTEL TOUR – HOMESTEADING IN THE 21ST CENTURY: BLACKSMITH PRESENTATION BY IAN WALKER

9 am Tour, 10 am Presentation, Deer Isle Hostel

See July 2nd for details.

SAT, JULY 16 MEDICINAL PLANT WALK & WORKSHOP

10 am Scott's Landing Preserve

See June 18th for details.

SAT, JULY 16 CRIEHAVEN & RAGGED ISLAND TRIP/PICNIC

10 am - 5 pm Old Quarry Ocean Adventures

Criehaven, also know as Ragged Island, is just south of Matinicus Isle in outer Penobscot Bay, with Matinicus Rock to its southeast, and Seal Island to its northeast. It is a very unique and beautiful place, with a small cemetery and a few hiking trails. Bring your lunch for a picnic on the island or order a box from OQOA. \$75 members/\$85 non-members. Registration and prepayment required, 348-2455.

TUES, JULY 19 KIDS IN NATURE: FOREST FORTS

9 am Lily Pond Park, Quaco Road Entrance

Come play in the woods, building and making discoveries along the way. Simple forts will be created with sticks, leaves, and other materials supplied by the natural world. Most important ingredient? Children's imaginations - where the possibilities are endless!

Preserve Work Parties

Tues, May 10	Scott's Landing
Tues, May 17	Shore Acres
Wed, May 18	Barred Island
Tues, May 24	Crockett Cove Woods
Tues, May 31	Reach Beach
Wed, June 1	Pine Hill
Sat, June 4	Holt Mill Pond, <i>National Trails Day</i>
Tues, June 7	Tennis Preserve
Tues, June 14	Settlement Quarry
Wed, June 15	Lily Pond
Tues, June 21	Causeway Beach
Sun, June 26	Round & Wreck Islands (day trip)

9 - 11:30 am

Bring gloves, clippers, etc.

Coffee and snacks provided

VOLUNTEER to keep Deer Isle beautiful!

**SAT, JULY 23 KIDS IN NATURE: BUDS TO BERRIES**

9 am Mariners Memorial Park

Marvel at the wonders of plants large and small. Use magnifiers to see the smallest parts, and maybe even find some berries for birds, insects, and..... possibly some for you too!

TUES, JULY 26 KIDS IN NATURE: OCEAN'S EDGE

9 am Causeway Beach

See July 9th for details.

WED, JULY 27 MARSHALL ISLAND TRIP

10:30 am - 3:30 pm Depart Old Quarry Ocean Adventures

Marshall Island is the largest undeveloped island on the Eastern seaboard. Owned by Maine Coast Heritage Trust, Marshall offers miles of trails through diverse habitat. Bring a picnic and plan on exploring or swimming & relaxing on a pristine sand beach. \$55 mem /\$65 non-mem. Reservations and prepayment required, 348-2455.

SAT, JULY 30 FERN WALK

10 am Meet at IHT Heritage House to carpool

Ferns and their allies are the oldest land plants with geologic history extending back 400 million years. On this walk Maine Master Naturalist Jeff Pengel will explore the modern relatives of those ancient plants. We'll discuss identification and ecology of ferns, horsetails, and clubmosses, and how they compare to flowering plants. Limited space; registration necessary.

**SAT, JULY 30 DEER ISLE HOSTEL TOUR – HOMESTEADING IN THE 21ST CENTURY: NATURAL GARDEN FERTILIZERS**

9 am Tour, 10 am Presentation, Deer Isle Hostel

See July 2nd for details.

SAT, JULY 30 ANNUAL SHORE DINNER & BENEFIT AUCTION4:30-8:30 pm *Call for your tickets today & Support local conservation.*

AUGUST

MON, AUG 1 UNDERSTANDING THE NIGHT SKY ★

8:30 pm Mariners Memorial Park

Join navigator, historian and retired professor Davida Kellogg for an orientation to the night sky with special attention to stars and other bodies used in celestial navigation. All ages welcome. Bring a flashlight, warm clothes and meet at Mariners Park.

TUES, AUG 2 KIDS IN NATURE: BUDS TO BERRIES

9 am Mariners Memorial Park

See July 23rd for details.

WED, AUG 3 USEFUL KNOTS FOR ISLAND LIFE ★

2 pm IHT Heritage House

Join scientist and sailor, Tom Kellogg for an introduction to practical knotting. Learn useful knots for boating and life on land: bowline, hitches, bends and splicing. Materials provided. All ages.

FRI, AUG 5 MUSHROOM WALK ★

10 am - 12 pm Location Given at Sign Up

Mushroom expert David Porter will lead this walk at a preserve with both woods and meadows. We will have a chance to see mushrooms found in these different habitats and gain a clearer understanding of their role in the cycles of nature. At this time of the summer some of the wild edible mushrooms that may be present

here include Meadow Mushrooms, Chanterelles, Shaggy Manes, Boletes and Oyster Mushrooms in addition to some that are common poisonous species such as the Death Angel. \$5 members/\$10 non-members. Space is limited; registration required 348-2455.

SAT, AUG 6 KIDS IN NATURE: FLYING CREATURES

9 am Scott's Landing Preserve

See July 5th for details.

**SAT, AUG 6 SWANS ISLAND**

11:30 am - 4 pm Depart Old Quarry Ocean Adventures

See July 9th for details.

TUES-FRI, AUG 9-12 WILDERNESS VOYAGEURS CAMP ★

4-day camp, 11-15 yr olds Old Quarry Ocean Adventures

Where children will learn wilderness and sea kayak skills while exploring the Maine Coast. Campers will make unforgettable memories and friendships while learning skills around kayaking, outdoor leadership, navigation, traditional fire building, outdoor cooking and much more. Island camping in the Stonington Archipelago and paddle boarding also included. \$399. FMI & registration call 207-367-8977, or go to www.oldquarry.com/kayak-camp/. Also on facebook under "wildernesskayakcamp."

TUES, AUG 9 KIDS IN NATURE: ANIMAL DISCOVERY

9 am Crockett Cove Woods Preserve

The forest floor and the tree canopy are a playground for squirrels, birds, and much more. We will look closely for signs of all kinds of animal activity - large and small - how long will your critter list be?

THURS, AUG 11 SANDHILL CRANE EXPEDITION

8 am Depart IHT Heritage House

Join IHT Director Mike Little for a trip to the Belgrade Lakes Region to look for two of Maine's rarest nesting birds: Sandhill Cranes and Black Terns. Meet at Heritage House to carpool at 8 am. Call to register, 348-2455.

**SAT, AUG 13 MONTHLY BIRD WALK ★**

8-9:30 am Scott's Landing Preserve

SAT, AUG 13 DEER ISLE HOSTEL TOUR – HOMESTEADING IN THE 21ST CENTURY: GRANITE SPLITTING DEMO ★

9 am Tour, 10 am Presentation, Deer Isle Hostel

See July 2nd for details.

SAT, AUG 13 MIGRATING SHOREBIRDS

2-4 pm Southwest Harbor, Sunset

The tidal flats, beaches, and islands of Southwest Harbor are a great place to see a variety of shore bird as they migrate south for the coming winter. Join Gordon Russell and Jane Rosinski for an exploration of this fascinating area. Meet at parking area at junction of Sunset Rd (15A) and Dunham Point Rd for a short walk to the beach.

SUN, AUG 14 ICE CREAM SOCIAL & FIELD EVENTS ★

2-4 pm Lily Pond Park Nature exhibits, games, activities, swimming & ICE CREAM for all!

☺ *Bring your own cup & spoon and get entered in a drawing for a special prize!*



For more information about programs, unless otherwise indicated, please call Island Heritage Trust at 348-2455 or email marissa@islandheritagetrust.org

MON, AUG 15 WILDFLOWER ID PART I ★

2:30 pm IHT Heritage House

Join Val Libby, retired professor of landscape history and horticulture at Temple University, and active Blue Hill volunteer, for a two-part program on wildflower identification. Copies of Newcomb's Wildflower Guide will be available for use. Participants are encouraged to bring samples of flowers they are curious about. The second workshop will take place Monday, August 22nd at 2:30 pm Location to be determined closer to the date and will be announced at this class, on facebook, or call 348-2455 for latest information. Great family activity.

TUES, AUG 16 KIDS IN NATURE: NATURE SCAVENGER HUNT

9 am Shore Acres Preserve

Natural treasures will be discovered as we search the forested path. We will be look under uprooted trees, down holes in the ground and under rocks for things hidden from our immediate view. Join the Fun!

THURS, AUG 18 MARSHALL ISLAND TRIP

10:30 am - 3:30 pm Depart Old Quarry Ocean Adventure

See July 27th for more details.

SAT, AUG 20 MEDICINAL PLANT WALK & WORKSHOP

10-11:30 am Scott's Landing Preserve

See June 18th for details.

MON, AUG 22 WILDFLOWER ID PART II ★

2:30 pm Location to be announced

Join Val Libby for this second part on wildflower identification. Copies of Newcomb's Wildflower Guide will be available for use. Participants are encouraged to bring samples of flowers they are curious about. Location to be determined closer to the date and will be announced at class, on facebook, or call 348-2455 for latest information. Great family activity.

SAT, AUG 27 DEER ISLE HOSTEL TOUR – HOMESTEADING IN THE 21ST CENTURY: SAUERKRAUT MAKING DEMO

9 am Tour; 10 am Presentation

See July 2nd for details.

SEPTEMBER

FRI, SEPT 2 SALT MARSH WALK

4-6 pm Holt Pond Mill

Join Biologist, Bob Knowlton, on a field trip to examine the largest salt marsh on the island at the head of Holt Mill Pond. Learn about the ecology and importance of New England's salt marshes. Meet at the Island Medical Center back parking area at 4 PM; be prepared for a short walk down Airport Road, then down a side road to the trails in Holt Mill Pond Preserve.

SAT, SEPT 10 MONTHLY BIRD WALK ★

8-9:30 am Scott's Landing

SAT, SEPT 17 MEDICINAL PLANT WALK & WORKSHOP

10-11:30 am Scott's Landing

See June 18th for details.

FRI-SUN, SEPT 23-25 GREAT MAINE OUTDOOR WEEKEND

Multiple days and sites around area & state

Stay Tuned! Orienteering for Kids & Families will be offered again.

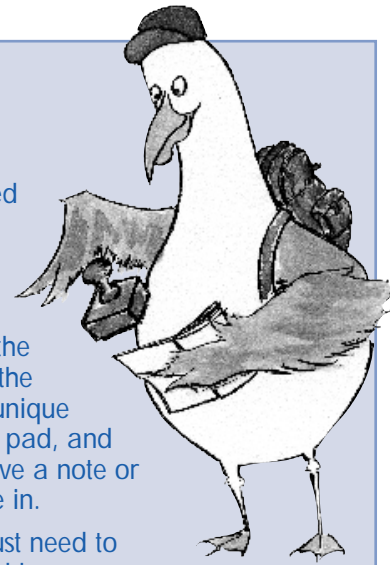


Letterboxing

Island Heritage Trust is excited to share our Passport to the Preserve program with a collection of letterboxes at nine of the island's preserves. A fun way to get the whole family out and hiking the trails. Letterboxes contain a unique stamp for each preserve, ink pad, and a notebook for visitors to leave a note or place their own stamp image in.

To find our letterboxes you just need to enjoy a walk on the trails and keep an eye out for the wooden letterbox and have your Passport ready to stamp! Passports are free and may be picked up at the Island Heritage Trust headquarters in Sunset (next to the Historical Society).

Bring your full passport to IHT headquarters to claim a prize and to enter a fall drawing.



\$5 Suggested donations are welcomed at Walks & Talks to support broadened environmental programming.

Additional Walks & Talks may be added. Check our website, Facebook, call, or visit our office for updated information.

Don't forget the **NATURE SHOP**, full of great wildlife guides, local maps, nature-inspired toys, and more!



ISLAND HERITAGE TRUST

The Conservation Land Trust of Deer Isle and Stonington, Maine

Island Heritage Trust (Heritage House) & Nature Shop

420 Sunset Road (15A)

P.O. Box 42, Deer Isle, ME 04627

207-348-2455 www.islandheritagetrust.org

Open Mon - Fri 8am - 4pm year round;

Nature Shop Only: Sat & Sun 10am - 3pm July-August

Support Island Heritage Trust...

Island Heritage Trust is a community-based, member supported organization that ensures access to and conservation of the natural beauty and resources of Deer Isle.

If you love what the Trust is doing, have a favorite preserve you regularly visit, or enjoy our Walks & Talks, [please consider becoming a Luna Society member by signing up to donate monthly](#). It is a simple and meaningful way to extend your investment in the Trust's work. Visit www.islandheritagetrust.org, click on the "DONATE NOW" button and choose "Monthly."