

# ISLAND HERITAGE TRUST



## 2017

# Walks and Talks

## MAY

### WED, MAY 24 RED FOX & COYOTE: FRIENDS OR FOES? ★

4:30 pm IHT Heritage House Barn

Humans tend not to be thrilled to have either the fox or coyote as neighbors, especially if chickens are involved! Learn about these beautiful, smart, and fascinating creatures' habits, habitats, and the myths frequently spread about them with Naturalist Lynn Havsall.

### SAT, MAY 27 BIRD CALLS FOR BEGINNERS ★

8 am Settlement Quarry Preserve

Bring your curiosity, listening skills, patience, and a pair of binoculars. Diane Walker leads this great beginners bird walk.



## JUNE

### SAT, JUNE 10 MONTHLY BIRD WALK ★

8-9:30 am Scott's Landing Preserve

Join Mike Little, IHT Executive Director. Beginners welcome.

### WED, JUNE 14 VOLUNTEER POTLUCK ★

5:30 pm IHT Heritage House Barn

All volunteers and folks interested in volunteering welcome!

### THURS, JUNE 15 WRITING OUR RELATIONSHIP WITH PENOBSCOT BAY

9 -noon Location TBA

Tara Broderick, Poetic Medicine Practitioner, will lead this half-day poetry workshop exploring our relationship with Penobscot Bay. Nature has much to teach us about our own essence, and earth's elements offer special healing powers when combined with healing words. We will write about this special place and explore how it inhabits us. No prior experience with poem-making is necessary. Space limited, registration required, 348-2455.

### SAT, JUNE 17 MEDICINAL PLANT WALK & WORKSHOP

10 am Scott's Landing Preserve

Join Brigid Doherty, herbalist & gardener, on a walk each 3rd Saturday of the month, June - October at Scott's Landing. Learn to identify, prepare, and use local medicinal plants for everyday health. Each month will provide a slightly different focus depending on available plants. Common seasonal weeds, such as Burdock, Dandelion, and Yellow Dock and wildflowers, such as Goldenrod, Queen Anne's Lace and St John's Wort and more will be discussed. All ages are welcome. We will walk rain or shine.



## ISLAND HERITAGE TRUST'S FAMILY & CHILDREN'S TRACK!

JULY & AUGUST: 9 am TUESDAYS & SATURDAYS

**KIDS IN NATURE** field trips are designed specifically for children and accompanying adult(s) to explore IHT preserves and other island locations with the help of IHT's Environmental Educator. Participants will sharpen their observations and naturalist skills while enjoying time in the outdoors. Come prepared to hike, get dirty and, maybe, wet. And don't forget your Passport to the Preserves so you can collect more stamps! Unless otherwise noted, designed for children K-3rd grade, rain or shine. \$5 Suggested Donation.

★ Indicates programs that are also very kid friendly.

### SUN, JUNE 18 ISLAND CLEANUP SEA KAYAKING TRIP ★

8:30 am-4:30 pm Depart Old Quarry Ocean Adventures

Join us for a full-day sea kayak trip to IHT's Wreck and Round Islands. We will walk the shore of both islands, collecting litter. This free guided trip will include boats and other paddling gear. You don't need paddling experience; we're happy to instruct and coach as time permits; plan on paddling 8-10 miles and walking up to two miles. If you would like to do clean up but not paddle, there is a small motor boat going that can hold 6 people. Space limited; please sign-up early, 348-2455.

### TUES, JUNE 20 DEER ISLE THROUGH A PENOBSCOT LENS: SPACE, CULTURE, & CRAFT

7 pm Stonington Opera House

James Francis, Penobscot Nation Tribal Historian, and Jennifer Neptune, Penobscot artist and anthropologist, will combine an evening basket-making demonstration and slide lecture with an emphasis on elements of Penobscot culture that promise to offer us a different sense of place about Deer Isle. The two will lead a Solstice Ceremony at sunrise the following morning. Entry fee: \$5; 17 years & under, free.

### WED, JUNE 21 SOLSTICE CEREMONY AT SUNRISE

4:30 am Location TBA, James Francis & Jennifer Neptune

### WED, JUNE 21 CO-EVOLUTION: NATURE'S MODEL FOR SUSTAINABILITY

7 pm Emlen Hall, Bay School, Blue Hill

Tom Wessels, terrestrial ecologist and professor emeritus at Antioch University, will explain co-evolution and offer examples drawn from nature as models for creating human systems that can not only sustain themselves, but also thrive. Collaborative Sponsors: Island Heritage Trust, Blue Hill Heritage Trust, Downeast Audubon, Great Pond Mountain Conservation Trust, Maine Coast Heritage Trust, Native Gardens of Blue Hill, and Wild Seed Project. Suggested donation of \$10. Students & Seniors, \$5. Everyone welcome!



### SAT, JUNE 24 ORIENTEERING FOR KIDS AND FAMILY ★

9-11 am Mariners Memorial Park

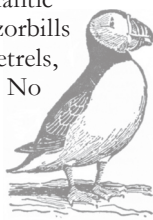
Bert Yankielun, research engineer, artist, and igloo builder, will lead a family fun adventure teaching map and compass navigation. Basic land navigation skills will be taught and then applied as you navigate a short route through the meadows of Mariners Memorial Park. No prior knowledge or skill required. If you have a compass, bring it along with your curiosity & enthusiasm. Some extra compasses available. Everyone welcome!

**\$5 Suggested donations at W&T support broadened programming.**

## TUES, JUNE 27 PUFFIN & PELAGIC BOAT TRIP

1-6 pm Depart Old Quarry Ocean Adventures

Enjoy a trip through the archipelago to remote Seal Island National Wildlife Refuge, nesting site for thousands of pelagics: Atlantic Puffins, Arctic & Common Terns, Great Cormorants, Razorbills and Murres. We may also spot Gannets, Wilson's Storm Petrels, Shearwaters, seals, dolphins, and possibly whales en route. No landing, but ample opportunity for viewing and photographing. \$75 mem/\$85 non-mem. Reservations & prepayment required, 348-2455.



## JULY

### SAT, JULY 1 WILDFLOWER ID WALK ★

10 am Scott's Landing Preserve

Join Val Libby, retired professor of landscape history and horticulture at Temple University, and active Blue Hill volunteer, for a program on wildflower identification. Copies of Newcomb's Wildflower Guide will be available for use. Participants are encouraged to bring samples of flowers they are curious about. Great family activity.

### SAT, JULY 1 DEER ISLE HOSTEL TOUR – HOMESTEADING IN THE 21ST CENTURY: GRANITE SPLITTING DEMO

10 am Deer Isle Hostel

Learn about traditional and modern methods used to produce building materials, food, garden amendments, and energy in harmony with the island landscape. Tour covers: gardens, orchard, Shiitake-production, compost-heated outdoor shower, hand-built 17th Century inspired timber-framed building, & more. **Tours every Saturday through August.** Suggested donation \$5-10. [www.deerislehostel.com](http://www.deerislehostel.com) 348-2308.

### SUN, JULY 2 AROUND THE ISLAND WITH BILL HAVILAND

9 am - 1 pm Isle au Haut Boat Company, Stonington

Join Captain Garrett Aldrich, anthropologist Bill Haviland, and Penobscot Nation member and anthropologist Bonnie Newson, for a round-the-island boat trip focusing on places of significance to the region's original inhabitants and the stories associated with them. \$55 mem/\$65 non-mem. Reservations & prepayment required, 348-2455.

### SAT, JULY 8 MONTHLY BIRD WALK ★

7:30-9 am Scott's Landing Preserve

Guided by Gordon Russell and Jane Rosinski. Beginners welcome.

### TUES, JULY 11 KIDS IN NATURE: ROCK & ROLL QUARRY STYLE

9 am Settlement Quarry Preserve

Rocks were made and moved to and from this quarry long, long ago. How? Why? When? We will figure out the puzzle together with movement, games, and hands on activities!

### WED, JULY 12 ANNUAL MEETING, SEA LEVEL RISE PROGRAM

5:30-8 pm St. Brendan's Church

Members and visitors welcome! Wine & appetizers 5:30pm, business meeting 6pm, guest speaker at 7pm.

### FRI, JULY 14 SETTLEMENT QUARRY HISTORY TOUR

10 am Settlement Quarry Preserve

Ann Hooke was the "midwife" for IHT's first preserve. She knows this place, its geologic, human, cultural, and natural history better, perhaps, than anyone else. Join her for an informal walk and discussion at this uber-scenic location.



### SAT, JULY 15 KIDS IN NATURE: OCEAN'S EDGE

9 am Causeway Beach

Come explore the shore where the sea's treasures are revealed. What

do the shells of the snails, clams, and crabs tell us? Where are the Hermit crabs hiding? What about seaweed and other seaside plants? What critters are found under rocks or in the sand? What will you see? Prepare to get wet & muddy.

### SAT, JULY 15 MEDICINAL PLANT WALK & WORKSHOP

10 am Scott's Landing Preserve See June 17th for details.

### TUES, JULY 18 KIDS IN NATURE: HANDS ON HABITATS

9 am Scott's Landing Preserve

Join in an exploration of our local plants' and animals' natural homes. Fields of grasses and insects, forests with birds and mystery holes, salt marsh with squishy peat and snails, and a shore line full of surprises left by the last tide. Dress to get muddy & wet.

### FRI, JULY 21 INTRO TO COMPASS & NAUTICAL CHARTS

9 - 11 am Heritage House Barn

Join retired UMaine Professor & Coast Guard Auxiliary Member, Davida Kellogg, for a fantastic class on reading nautical charts, plotting a course & using a compass to follow it. It will be a full morning & students will leave with a skill that is fun and meaningful for fishermen and recreational boaters alike. For middle school & high school students, and adults. Limit 12. Please pre-register at 348-2455.

### SAT, JULY 22 FERN WALK

10 am Meet at IHT Heritage House to carpool

Ferns and their allies are the oldest land plants with geologic history extending back 400 million years. On this walk Maine Master Naturalist Jeff Pengel will explore the modern relatives of ferns, horsetails, and clubmosses, and how they compare to flowering plants. Space limited; registration required, 348-2455.



### TBA JULY 22-24 UNDERSTANDING THE NIGHT SKY ★

8:30 pm Mariners Memorial Park

Join navigator, historian and retired professor Davida Kellogg for an orientation to the night sky with special attention to stars and other bodies used in celestial navigation. All ages welcome. Bring a flashlight, warm clothes and meet at Mariners Park. Exact date will be announced a few days ahead to time with clear night skies.



## Preserve Work Parties

Mon, May 8	Tennis Preserve
Mon, May 15	Scott's Landing
Mon, May 22	Settlement Quarry
Sat, May 27	Barred Island
Tues, May 30	Shore Acres
Sat, June 3	Holt Mill Pond, <i>National Trails Day</i>
Mon, June 5	Crockett Cove Woods
Sat, June 10	Causeway & Reach Beach
Mon, June 12	Lily Pond Park
Sun, June 18	Round & Wreck Islands (day trip)
Mon, June 19	Bowcat & Pine Hill
Sat, June 24	Lisa Tolman Wotton Preserve
Mon, June 26	Crystal Cove

9 - 11:30 am

Bring gloves, clippers, etc • Coffee & snacks provided

**VOLUNTEER to keep Deer Isle beautiful!**

**MON, JULY 24 SWAN'S ISLAND TRIP**

11:00 am - 4 pm Old Quarry Ocean Adventures

Take a 50 min boat ride to Swan's Island with an IHT guide who will lead a walk on Hockamock Head, a town-owned park that includes the Burnt Coat Harbor Lighthouse, nearly two miles of trails, and access to two beaches. A spectacular setting. Bring lunch/snacks, and dress in layers. \$55 members/ \$65 non-members. Reservations and prepayment required, 348-2455.

**TUES, JULY 25 KIDS IN NATURE: FOREST FORTS**

9 am Lily Pond Park, Quaco Road Entrance

Come play in the woods, building and making discoveries along the way. Simple forts will be created with sticks, leaves, and other materials supplied by the natural world. Most important ingredient? Children's imaginations - where the possibilities are endless!

**TUES, JULY 25 CLEVER CORVIDS: CROWS & RAVENS ★**

4:30 pm IHT Heritage House Barn

Crows and Ravens are common Deer Isle residents with uncommon smarts and interesting behaviors. Discover, with Naturalist Lynn Havsall, the differences between them and the habits that they share. From courtship to play, these corvids do amazing things. Come learn about them in a slide talk you'll be raven about.

**WED, JULY 26 WHAT'S UNDER MY FEET?**

10 am IHT Heritage House Barn/Crockett Cove Preserve

The magical world of Bryophytes. Join the author of *Mosses, Liverworts, and Hornworts: A Field Guide to Common Bryophytes of the Northeast*, Ralph Pope, to learn about the importance of these often ignored plants enriching the beauty of our trails and woods. You will get the tools needed to identify most specimens without a microscope. Ralph's well-reviewed book will be available for purchase or to borrow. Meet at IHT for a short introduction and then carpool to Crockett Cove Woods.

**THURS, JULY 27 NATIONAL MOTH WEEK: MOTH VIEWING ★**

6 - 8 am Crowell's house, Goose Cove Road, Sunset

Come celebrate National Moth Week with a special early morning viewing of a surprising diversity of moth species with Naturalists Marnie & Ken Crowell. Largely nocturnal, moths are an important element of the ecosystem, and with so much variety, a fun way to satisfy list collecting. Call Island Heritage Trust to register and line up carpooling, 348-2455. All are welcome, blueberry muffins will be provided.

**FRI, JULY 28 MARSHALL ISLAND TRIP**

9 am - 4 pm Depart Old Quarry Ocean Adventures

Marshall Island is the largest undeveloped island on the Eastern seaboard. Owned by Maine Coast Heritage Trust, Marshall offers miles of trails through diverse habitat. Bring a picnic and plan on exploring or swimming & relaxing on a pristine sand beach. \$55 mem /\$65 non-mem. Reservations and prepayment required, 348-2455.

**SAT, JULY 29 KIDS IN NATURE: INSECT INVESTIGATION**

9 am Mariners Memorial Park

Bring your sleuthing hats as we find a variety of insects by looking between the blades of grass, under rocks, or by searching the sky and catching flying insects in nets. We will take a good look before releasing them into the wild again.



For more information about programs, unless otherwise indicated, please call Island Heritage Trust at 348-2455 or email [marissa@islandheritagetrust.org](mailto:marissa@islandheritagetrust.org)

## AUGUST

**TUES, AUG 1 KIDS IN NATURE: OCEAN'S EDGE**

9 am Causeway Beach See July 15th for details.

**WED, AUG 2 MUSHROOM WALK ★**

1 - 3 pm Location Given at Sign Up

Mushroom expert David Porter will lead this walk at a preserve with both woods and meadows. See mushrooms found in these different habitats and gain a clearer understanding of their role in the cycles of nature. Some of the wild edible mushrooms that may be present here at this time of summer include Meadow Mushrooms, Chanterelles, Shaggy Manes, Boletes and Oyster Mushrooms in addition to some that are common poisonous species such as the Death Angel. \$5 mem/\$10 non-mem. Limited space; registration required, 348-2455.

**THURS, AUG 3 SANDHILL CRANE EXPEDITION**

8 am Depart IHT Heritage House

Join IHT Director Mike Little for a trip to the Belgrade Lakes Region to look for two of Maine's rarest nesting birds: Sandhill Cranes and Black Terns. Meet at Heritage House to carpool at 8 am. Registration required, 348-2455.

**FRI, AUG 4 MARSHALL ISLAND TRIP**

9 am - 4 pm Depart Old Quarry Ocean Adventure

See July 28th for more details.

**SAT, AUG 5 ANNUAL SHORE DINNER & BENEFIT AUCTION**4:30-8:30 pm *Call for your tickets today & Support local conservation.***TUES, AUG 8 KIDS IN NATURE: WEBS OF WONDER**

9 am Crockett Cove Woods Preserve

Wander down a woodland path with us to observe red squirrels consuming cones, spiders spinning webs, and moss growing like a carpet. What else might we discover?

**FRI, AUG 11 MATINICUS ISLAND TRIP**

9 am - 5 pm Depart Old Quarry Ocean Adventures

Ever wonder what Maine's most remote, inhabited island is like? Join this all-day, 22 mile out excursion to Matinicus Island, comprised of a year-round community of about 60, mostly fisherman and their families. We will explore its beautiful sand beaches and rocky shores, great trails, and the island's rich history. Trip takes two plus hours out; bring a picnic lunch and any other supplies you will need. Box lunches are available from Old Quarry Ocean Adventures (367-8977), order a day ahead. \$80 mem/\$90 non-mem. Reservation and prepayment required, 348-2455.

**SAT, AUG 12 MONTHLY BIRD WALK ★**

8 - 9:30 am Scott's Landing Preserve

**SAT, AUG 12 KIDS IN NATURE: FOREST FORTS**

9 am Lily Pond Park, Quaco Rd Entrance See July 25th for details.

**SAT, AUG 12 TENNIS PRESERVE HISTORY TALK**

10 am Edgar M. Tennis Preserve

Ann Hooke has been at the heart of Tennis Preserve stewardship for 20 years. You cannot walk here with anyone better informed about the natural history and human stories embedded in this 100-acre preserve. A rare opportunity to spend the morning with a gifted and enthusiastic teacher in her favorite element.



**SAT, AUG 12 HOMESTEADING IN THE 21ST CENTURY TOUR: COMPOST HEATED SHOWER DEMO**  
 10 am Deer Isle Hostel. See July 1st for details. **Tours every Saturday**

**SUN, AUG 13 ICE CREAM SOCIAL & FIELD EVENTS ★★**  
 2-4 pm Lily Pond Park  
 Nature exhibits, games, activities, swimming & ICE CREAM for all!  
 ☺ *Bring your own cup & spoon and get entered in a drawing for a special prize!*

**TUES, AUG 15 KIDS IN NATURE: ART ON ROCKS**  
 9 am Tennis Preserve  
 We will walk down the trail and along the shoreline to find our inspiration in nature. Settling in at a great spot to create artistic expressions of our own. Basic drawing and watercolor supplies will be provided.

**WED, AUG 16 MIGRATING SHOREBIRDS**  
 1 - 3 pm Southwest Harbor, Sunset  
 The tidal flats, beaches, and islands of Southwest Harbor are a great place to see a variety of shore birds as they migrate south for the coming winter. Join Gordon Russell and Jane Rosinski for an exploration of this fascinating area. Meet at parking area at junction of Sunset Rd (15A) and Dunham Point Rd for a short walk to the beach.

**THURS, AUG 17 WRITING OUR RELATIONSHIP WITH DEER ISLE**  
 9 -noon Location TBA  
 Tara Broderick, Poetic Medicine Practitioner, will lead this half-day poetry workshop exploring our relationship with Deer Isle. We will write about the magic of a place that has special meaning to us. We will explore how we inhabit the Island and how it inhabits us. We will peel away the layers of our emotional connection to Deer Isle. The natural beauty of this place has much to teach us about our own essence. No experience with poem-making is necessary. Space limited, registration required, 348-2455.

**FRI, AUG 18 SWANS ISLAND**  
 11 am - 4 pm Depart Old Quarry Ocean Adventures  
 See July 24th for details.

**SAT, AUG 19 ORIENTEERING FOR KIDS AND FAMILY ★**  
 9-11 am Mariners Memorial Park See June 24th for details.

**SAT, AUG 19 MEDICINAL PLANT WALK & WORKSHOP**  
 10-11:30 am Scott's Landing Preserve See June 17th for details.



## ISLAND HERITAGE TRUST

The Conservation Land Trust of Deer Isle and Stonington, Maine

Island Heritage Trust (Heritage House) & Nature Shop  
 420 Sunset Road (15A)  
 P.O. Box 42, Deer Isle, ME 04627  
 207-348-2455 [www.islandheritagetrust.org](http://www.islandheritagetrust.org)  
 Open Mon - Fri 8am - 4pm year round;  
 Nature Shop Only: Sat & Sun 10am - 3pm July-August

# Letterboxing

Island Heritage Trust is excited to share our Passport to the Preserve program with a collection of letterboxes at nine of the island's preserves. A fun way to get the whole family out and hiking the trails. Letterboxes contain a unique stamp for each preserve, ink pad, and a notebook for visitors to leave a note or place their own stamp image in.



To find our letterboxes you just need to enjoy a walk on the trails and keep an eye out for the wooden letterbox and have your Passport ready to stamp! Passports are free and may be picked up at the Island Heritage Trust headquarters in Sunset (next to the Historical Society).

*Bring your full passport to IHT headquarters to claim a prize and to enter a fall drawing.*

**TBA AUG 20-23 UNDERSTANDING THE NIGHT SKY ★**  
 8:30 pm Mariners Memorial Park  
 See July 22-24 for details. Date chosen days ahead for clear night sky.

**WED, AUG 23 DECORATIVE KNOTS ★**  
 2 pm IHT Heritage House  
 Join scientist and sailor, Tom Kellogg for an introduction to decorative knotting. Materials provided. All ages welcome.



## SEPTEMBER

**SAT, SEPT 9 MONTHLY BIRD WALK ★**  
 8-9:30 am Scott's Landing

**SAT, SEPT 16 MEDICINAL PLANT WALK & WORKSHOP**  
 10-11:30 am Scott's Landing Preserve See June 17 for

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**\$5 Suggested donations** are welcomed at Walks & Talks to support broadened environmental programming.

**Additional Walks & Talks** may be added. Check our website, Facebook, call, or visit our office for updated information.

Don't forget the **NATURE SHOP**, full of great wildlife guides, local maps, nature-inspired toys, and more!

### Support Island Heritage Trust...

Island Heritage Trust is a community-based, member supported organization that ensures access to and conservation of the natural beauty and resources of Deer Isle.

If you love what the Trust is doing, have a favorite preserve you regularly visit, or enjoy our Walks & Talks, **please consider becoming a Luna Society member by signing up to donate monthly.** It is a simple and meaningful way to extend your investment in the Trust's work. Visit [www.islandheritagetrust.org](http://www.islandheritagetrust.org), click on the "DONATE NOW" button and choose "Monthly."

