

# ISLAND HERITAGE TRUST



## ISLAND HERITAGE TRUST'S FAMILY & CHILDREN'S TRACK!

JULY & AUGUST: 10am TUESDAYS & SATURDAYS

**KIDS IN NATURE** field trips are designed specifically for children and accompanying adult(s) to explore IHT preserves and other island locations with the help of IHT's Environmental Educator. Participants will sharpen their observations and naturalist skills while enjoying time in the outdoors. Come prepared to hike, get dirty and, maybe, wet. And don't forget your Passport to the Preserves so you can collect more stamps! Unless otherwise noted, designed for children K-3rd grade, rain or shine. \$5 Suggested Donation.

★ Indicates programs that are also very kid friendly.

# 2018

# Walks and Talks

## JUNE

### FRI, JUNE 8 BEE WALK ★

4-5:30pm Scott's Landing Preserve

In good weather and calm to light winds, it's easy to find some of Maine's 270 native bee species. Join Dr. Alison C. Dibble to learn about bee diversity, bee habitats, bee conservation, and to get tips on how to photograph bees on flowers. Children welcome. Weather dependant - requires good weather. Registration required; 348-2455.



### MON, JUNE 11 OYSTER AQUACULTURE ★

10am Mariners Memorial Park

Come learn about oyster aquaculture from Long Cove Sea Farm owner, Abby Barrows. See how oysters are cultivated and what about their biology makes them important for a healthy marine environment. Bring life jackets for a chance to visit farm by boat (we will have a few on hand to loan), signed waiver will be required.

### WED, JUNE 13 VOLUNTEER POTLUCK ★

5:30pm IHT Heritage House Barn

All volunteers and folks interested in volunteering welcome!

### SAT, JUNE 16 ORIENTEERING FOR KIDS AND FAMILY ★

9am-12pm Mariners Memorial Park

Bert Yankielun, research engineer, artist, and igloo builder, will lead a family fun adventure teaching map and compass navigation. Basic land navigation skills will be taught and then applied as you navigate a short route through the meadows of Mariners Memorial Park. No prior knowledge or skill required. If you have a compass, bring it along with your curiosity & enthusiasm. Some extra compasses available. Everyone welcome!

### SUN, JUNE 17 ISLAND CLEANUP SEA KAYAKING TRIP ★

8:30am-4:30pm Depart Old Quarry Ocean Adventures

Join us for a full-day sea kayak trip to IHT's Wreck and Round Islands. We will walk the shore of both islands collecting litter. This free guided trip will include boats and other paddling gear. You don't need paddling experience; we're happy to instruct and coach as time permits; plan on paddling 8-10 miles and walking up to two miles. If you would like to do clean up but not paddle, there is a small motor boat going that can hold 6 people. Space limited; please sign-up early, 348-2455.

### MON, JUNE 18 MEDICINAL PLANT WALK & WORKSHOP

9-10:30am Scott's Landing Preserve

Herbal medicine is an easy and effective way to build self reliance

in your health care. Come for a walk with local herbalist Brigid Doherty at Scott's Landing Preserve and learn how plants are used to nourish health and heal common ailments. Brigid will explain how to identify, ethically harvest and prepare medicinal plants. Walks are on the third Monday of each month, April through November. Different plants will be addressed every month, as they each reach their prime harvest time. Dandelion, Plantain, Yarrow, Sumac, Hawthorn, Rose, Goldenrod, and Saint Joan's Wort are some of the many plants that will be covered through the season. All ages are welcome. The trails may be wet or muddy. We will walk rain or shine.

### MON, JUNE 18 OLD MAPS: WAYS TO VISUALIZE, NAVIGATE AND DOCUMENT YOUR COMMUNITY

4:30-5:30pm IHT Heritage House Barn

Join Bert Yankielun, research engineer, artist, and igloo builder, for a non-technical, slide talk intended for those curious about the intersection of history, topography, cultural land use evolution, and general outdoor activities with maps. Bert will discuss access to, and application of, free online historical digital maps, Google Earth, Global Positioning System (GPS) mapping, and Geographic Information Systems (GIS). Applications of these resources to metal-detecting of historical artifacts and ground penetrating radar (GPR) for locating undocumented grave sites will be briefly described.

### THURS, JUNE 21 LIFE CYCLES: WRITING NATURE'S STORY

9-noon Stonington Opera House Lobby

Join poet and writer Ann van Buren and Poetic Medicine Practitioner, Tara Broderick for a workshop reading poetry and prose that explores the life cycle in the wilds of nature and in our own circle of life. Using readings, conversation, visual props and writing prompts for inspiration, we will take time to write and share creative pieces of our own. Space limited; preregistration requested, 348-2455.

### TUES, JUNE 26 THE DYNAMIC LANDSCAPE EXPLORED

7pm Emlen Hall, Bay School, Blue Hill

Patrick Cullina is an award-winning horticulturist, landscape designer, photographer, lecturer and consultant based in Manhattan. Known for his connection with NYC's High Line and the Brooklyn Botanic Garden, he is dedicated to innovative and sensitive integration of plants and materials into a diverse range of compelling designs—drawing inspiration from both the natural world and constructed environments alike. Using photographs, Patrick will use lessons from regional ecologies and examine strategies for creating transformative landscapes. *Collaborative Sponsors: Island Heritage Trust, Blue Hill Heritage Trust, Downeast Audubon, Great Pond Mountain Conservation Trust, Maine Coast Heritage Trust, Native Gardens of Blue Hill, and Wild Seed Project* Suggested donation of \$10. Students & Seniors, \$5. Everyone welcome!

### WED, JUNE 27 PUFFIN & PELAGIC BOAT TRIP

1-6pm Depart Old Quarry Ocean Adventures

Enjoy a trip through the archipelago to remote Seal Island National Wildlife Refuge, a nesting site for thousands of pelagics: Atlantic Puffins, Arctic & Common Terns, Great Cormorants, Razorbills and Murres. We may also spot Gannets, Wilson's Storm Petrels, Shearwaters, seals, dolphins, and possibly whales en route. No landing, but ample opportunity for viewing and photographing. \$75 mem/\$85 non-mem. Reservations & prepayment required, 348-2455.



### SAT, JUNE 30 WILDFLOWER ID ★

1pm Scott's Landing Preserve

Join Val Libby, landscape historian, horticulturist, and active Blue Hill volunteer, to learn about identifying wildflowers. Bring samples of flowers you are curious about, and if you have one, a copy of Newcomb's Wildflower Guide. Great family activity.

## JULY

### SUN, JULY 1 AROUND THE ISLAND WITH BILL HAVILAND

Depart 9am-1pm Isle au Haut Boat Company, Stonington

Join Captain Garrett Aldrich, anthropologist Bill Haviland, and Penobscot Nation member and anthropologist Bonnie Newson, for a round-the-island boat trip focusing on places of significance to the region's original inhabitants and the stories associated with them. \$55 mem/\$65 non-mem. Reservations & prepayment required, 348-2455

### FRI, JULY 3 MARSHALL ISLAND TRIP

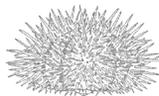
9am-5pm Depart Old Quarry Ocean Adventures

Just 35 min away, Marshall Island is the largest undeveloped island on the Eastern seaboard. Owned by Maine Coast Heritage Trust, Marshall offers miles of trails through diverse habitat. Bring a picnic and plan on exploring or swimming & relaxing on a pristine sand beach. \$65 mem /\$75 non-mem. Reservations & prepayment required, 348-2455.

### TUES, JULY 3 KIDS IN NATURE: OCEAN'S EDGE

10am Causeway Beach

Come explore the shore where the sea's treasures are revealed. What do the shells of the snails, clams, and crabs tell us? Where are the Hermit crabs hiding? What about seaweed and other seaside plants? What critters are found under rocks or in the sand? What will you see? Prepare to get wet & muddy.



### THUR, JULY 5 LETTERBOX STAMP MAKING WORKSHOP ★

3pm IHT Heritage House Barn

Step up your letterboxing game with your own handmade stamp! Join Martha and Marissa for a fun stamp making workshop with all ages. We will use a variety of tools, with some safer options for the younger set, and materials. Don't know what letterboxing is? We can fill you in on the history and how to join in on the fun on Deer Isle and the Blue Hill Peninsula.

### SAT, JULY 7 KIDS IN NATURE: FOREST FORTS

10am Lily Pond Park, Quaco Road Entrance

Come play in the woods, building and making discoveries along the way. Simple forts will be created with sticks, leaves, and other materials supplied by the natural world. Most important ingredient? Children's imaginations - where the possibilities are endless!

### MON, JULY 9 MOSS WALK WITH THE CROWELLS

9-11am Shore Acres Preserve

Join naturalists Ken and Marnie Reed Crowell on the new trails at Shore Acres Preserve to explore Deer Isle's rich moss flora. Learn how to recognize common species by sight and how use your smart phone camera as a tool for identification.

**\$5 Suggested donations at W&T support broadened programing.**

### TUES, JULY 10 KIDS IN NATURE: INSECT INVESTIGATIONS

10am Mariners Memorial Park

Join us as we dive into the world of insects! Discover the tools these clever 6-legged creatures have for eating, flying, and protecting themselves. Learn, with nets, bug boxes, and magnifiers in hand, how they pollinate plants, camouflage in their surroundings, build their homes and more.

### THUR, JULY 12 OUR STORIES OF WATER

9am-12 pm Location TBA

Join us for a half-day poetry workshop co-lead by Tara Broderick, Poetic Medicine Practitioner and writer Ann van Buren. The workshop will explore our relationship with water. Water expresses itself in many ways. It circulates around us in the natural world and flows through our bodies. As an essential element, water has much to teach us about ourselves and, when combined with words, often offers healing insights. Like water, we must move, change and flow to remain healthy. Our poem making will help us peel away the layers of our real and emotional connections to water. No prior experience with poem-making is necessary. Space limited; preregistration requested, 348-2455.

### FRI, JULY 13 USEFUL KNOTS ★

2pm IHT Heritage House Barn

Join scientist and sailor, Tom Kellogg for an introduction to practical knotting. Learn useful knots for boating and life on land: bowline, hitches, bends and splicing. Materials provided. All ages welcome.

### FRI, JULY 13 UNDERSTANDING THE NIGHT SKY ★

9pm Mariners Memorial Park

Join navigator, historian and retired professor Davida Kellogg for an orientation to the night sky with special attention to stars and other bodies used in celestial navigation. All ages welcome. Bring a flashlight, warm clothes and meet at Mariners Park.

### SAT, JULY 14 BIRD WALK ★

7:30-9am Scott's Landing Preserve

Guided by Gordon Russell and Jane Rosinski. Beginners welcome.

### SAT, JULY 14 ORIENTEERING FOR KIDS AND FAMILY ★

9am-12pm Mariners Memorial Park See June 16th for details.

### SAT, JULY 14 TENNIS PRESERVE HISTORY TALK

9:30-11:30am Edgar M. Tennis Preserve

Ann Hooke has been at the heart of Tennis Preserve stewardship for 20 years. You cannot walk here with anyone better informed about the natural history and human stories embedded in this 100-acre preserve. A rare opportunity to spend the morning with a gifted and enthusiastic teacher in her favorite element.

## Preserve Work Parties

Sat, June 9

Tennis Preserve

Sat, June 16

Causeway (Bowcat & Reach Beach)  
@ 12 pm Pine Hill

Sun, June 17

Round & Wreck Islands (Kayak trip)

Sat, June 23

Lily Pond Park

**TUESDAY TRAIL BUILDING PARTIES:** Call to find out the weekly location.

**9 - 11:30 am**

Bring gloves, clippers, etc • Coffee & snacks provided

**VOLUNTEER to keep Deer Isle beautiful!**

**SUN, JULY 15 GEOLOGICAL PRE-TOUR TALK OF CROTCH ISLAND**

4pm IHT Heritage House Barn *Pre-Tour Talk w/ Bill Haviland & Roger Hooke. See below for more info. – ALL WELCOME*

**MON, JULY 16 GEOLOGICAL TOUR OF CROTCH ISLAND**

12-2:30pm Departure location TBA – **MEMBERS ONLY**

Jump aboard this special IHT member-only, guided tour to Crotch Island with geologist Roger Hooke. Walk through historic quarry ruins, view a working quarry in action, and learn about the origin of this granite, which crystallized 370 million years ago at a depth of 4½ miles. Appropriate footwear required - for irregular terrain and rocky ledges; must also be comfortable climbing vertical ladder at landing pier. Register early, space limited. *A talk about the island's history and geology will be held the day before, all are welcome to attend the talk.*

**MON, JULY 16 MEDICINAL PLANT WALK & WORKSHOP**

9-10:30am Scott's Landing Preserve See June 18th for details.

**TUES, JULY 17 KIDS IN NATURE: ON THE FLY!**

10am Scott's Landing Preserve

Birds, Bats, Squirrels and Insects often spend time in mid-air. How? Why? When? Let's explore field, woodland, and beach habitats to find the reasons animals take to the air.

**WED, JULY 18 PUFFINS & PELAGICS BOAT TRIP**

1-6pm Depart Old Quarry Ocean Adventures See June 27th for details.

**SAT, JULY 21 KIDS IN NATURE: MAPS OF WONDER**

10am Edgar M. Tennis Preserve

Follow the trails, notice your unique surroundings and then document it on your very own map. We will create artistic maps detailing what is important to you. They may be realistic with precise detail or artistic and full of wonder. Tools to measure and art supplies will be provided.

**MON JULY 23 WILD DOGS: RED FOX & COYOTE ★**

4:30pm IHT Heritage House Barn

Humans tend not to be thrilled to have either the fox or coyote as neighbors, especially if chickens are involved! Learn about these beautiful, smart, and fascinating creatures' habits, habitat, and the myths frequently spread about them with Naturalist Lynn Havsall.

**TUES, JULY 24 KIDS IN NATURE: DISCOVERING NEW LANDS**

10am Lisa Tolman Wotton Nature Preserve

Join us in exploring this new territory! We will wind down trails passing rock ledges, looking for giant trees, crossing streams, and discovering wetlands. Why does this preserve look different than others? Where does the water here come from and where does it go? Bring your own questions and curiosity.

**WED, JULY 25 ANNUAL MEETING, EXEC. DIRECTOR CELEBRATION**

5:30-8pm St. Brendan's Church

Members and visitors welcome! Wine & appetizers 5:30pm, business meeting 6pm, Celebration of Paul & Mike's roles at IHT at 7pm.

**THURS, JULY 26 NATIONAL MOTH WEEK: MOTH VIEWING ★**

6-8am Crowell's house, Goose Cove Road, Sunset

Come celebrate National Moth Week with a special early morning viewing of a surprising diversity of moth species with Naturalists Marnie & Ken Crowell. Largely nocturnal, moths are an important element of the ecosystem, and with so much variety, a fun way to satisfy list collecting. Call Island Heritage Trust to register and line up carpooling, 348-2455. All are welcome, blueberry muffins provided.

**SAT, JULY 28 ANNUAL SHORE DINNER & BENEFIT AUCTION**

4:30-8:30pm *Call for your tickets today & Support local conservation.*

**TUES, JULY 31 KIDS IN NATURE: INVESTIGATING BERRY LAND**

10am Mariners Memorial Park

Blueberry buds have turned to berries! (snacking allowed) Budding naturalists will get to work with magnifiers to discover how buds become flowers and how flowers become fruit. How many kinds of berries can be found? Bayberries, blackberries, poison ivy berries are only the beginning!

## AUGUST

**SAT, AUG 4 KIDS IN NATURE: ON THE FLY!**

10am Scott's Landing Preserve See July 17th for details.

**TUES, AUG 7 KIDS IN NATURE: ISLAND ADVENTURE**

10am Barred Island Preserve, Carpool from IHT Heritage House

Join us for an exploration of the forest and the seashore on one of Deer Isle's favorite preserves. Hike through the emerald path of ferns and mosses to a shore that is like no other. A sand bar will be our path to an island, but also a site of exploration. (Extra hiking time needed)

**FRI, AUG 10 MATINICUS ISLAND TRIP**

9am-5pm Depart Old Quarry Ocean Adventures

Ever wonder what Maine's most remote, inhabited island is like? Join this all-day, 22 mile out excursion to Matinicus Island, comprised of a year-round community of about 60, mostly fisherman and their families. We will explore its beautiful sand beaches and rocky shores, great trails, and the island's rich history. Trip takes two plus hours out; bring a picnic lunch and any other supplies you will need. Box lunches available from Old Quarry Ocean Adventures (367-8977), order a day ahead. \$80 mem/\$90 non-mem. Reservation & prepayment required, 348-2455.

**SUN, AUG 12 ICE CREAM SOCIAL & FIELD EVENTS ★**

2-4pm Lily Pond Park

Nature exhibits, games, activities, swimming & ICE CREAM for all! ☺ *Bring your own cup & spoon and get entered in a drawing for a special prize!*

**MON, AUG 13 INTRO TO COMPASS & CHARTS**

9-11pm Island Heritage Trust Barn

Join retired UMaine Professor & Coast Guard Auxiliary Member, Davida Kellogg, for a fantastic class on reading nautical charts, plotting a course & using a compass to follow it. It will be a full morning & students will leave with a skill that is fun and meaningful for fishermen and recreational boaters alike. For middle school & high school students, and adults. Limited space; registration required.

**MON, AUG 13 METEOR SHOWER BOAT TRIP**

9-11pm Depart Old Quarry Ocean Adventures

Come Cruise with Davida Kellogg aboard the vessel Nigh Duck for a late night viewing of the Perseid meteor shower. In the Northern Hemisphere, the annual August Perseid meteor shower is one of the all-time favorite meteor showers of the year. Enjoy the wonder and beauty of the perseid on the water and away from city lights. Weather dependant. \$35 members/ \$45 non-members. Reservations & prepayment required, 348-2455.

**TUES, AUG 14 KIDS IN NATURE: SCAVENGER HUNT**

10am Shore Acres Preserve

Natural treasures will be discovered as we search the forested path.

We will look under uprooted trees, down holes in the ground and under rocks for things hidden from our immediate view. Join the fun!

### WED, AUG 15 MIGRATING SHOREBIRDS

10-12pm Southwest Harbor, Sunset

The tidal flats, beaches, and islands of Southwest Harbor are a great place to see a variety of shore birds as they migrate south for the coming winter. Join Gordon Russell and Jane Rosinski for an exploration of this fascinating area. Meet at parking area at junction of Sunset Rd (15A) and Dunham Point Rd for a short walk to the beach.

### THURS, AUG 16 WRITE & HIKE

9-12pm Edgar M. Tennis Preserve

Join Tara Broderick, Poetic Medicine Practitioner, for a half-day "Hike and Write" experience at IHT's Edgar R. Tennis Preserve. We will meet at the kiosk on Tennis Preserve and hike on the beautiful coastal trail. We will stop on the rocks along the trail to read and write poems inspired by the natural beauty around us. Nature has much to teach us about our essence, and when combined with our own words, often offers insight into our lives. This is a moderate hike (approximately 2.5 miles) that requires sturdy shoes. Bring water and a notebook for writing. No experience with poem-making is necessary.

### THUR, AUG 16 SWAN'S ISLAND TRIP

11:00am-4 pm Depart Old Quarry Ocean Adventures

Take a 50 min boat ride to Swan's Island with an IHT guide who will lead a walk on Hockamock Head, a town-owned park that includes the Burnt Coat Harbor Lighthouse, nearly two miles of trails, and access to two beaches. A spectacular setting. Bring lunch/snacks, and dress in layers. \$65 members/ \$75 non-members. Reservations & prepayment required, 348-2455.

### SAT, AUG 18 KIDS IN NATURE: OCEAN'S EDGE

10am Causeway Beach See July 3rd for details.

### MON, AUG 20 MEDICINAL PLANT WALK & WORKSHOP

10am Scott's Landing Preserve See June 18th for details.

### TUES, AUG 21 SETTLEMENT QUARRY HISTORY TOUR

9:30-11:30am Settlement Quarry Preserve

Ann Hooke was the "midwife" for this first preserve of IHT. She knows this place, its geologic, human, cultural, and natural history, better perhaps than anyone else. Join her for an informal walk and discussion at this uber-scenic location.

## SEPTEMBER



## ISLAND HERITAGE TRUST

The Conservation Land Trust of Deer Isle and Stonington, Maine

Island Heritage Trust (Heritage House) & Nature Shop  
420 Sunset Road (15A)  
P.O. Box 42, Deer Isle, ME 04627  
207-348-2455 www.islandheritagetrust.org  
Open Mon - Fri 8am - 4pm year round;  
Nature Shop Only: Sat & Sun 10am - 3pm July-August

## Letterboxing

Island Heritage Trust is excited to share our Passport to the Preserve program with a collection of letterboxes at 10 of the island's preserves. A fun way to get the whole family out and hiking the trails. Letterboxes contain a unique stamp for each preserve, ink pad, and a notebook for visitors to leave a note or place their own stamp image in.

To find our letterboxes you just need to enjoy a walk on the trails and keep an eye out for the wooden letterbox and have your Passport ready to stamp! Passports are free and may be picked up at the Island Heritage Trust headquarters in Sunset (next to the Historical Society).

Bring your full passport to IHT headquarters to claim a prize and to enter a fall drawing.



### WED, SEPT 5 SEAWEED CHRONICLES: A WORLD AT THE WATER'S EDGE

7pm Location IHT Heritage House Barn

Join local author, Susan Hand Shetterly, as she shares her new book *Seaweed Chronicles: A World at the Water's Edge*. *Seaweed Chronicles* explores the life cycle of seaweed, those who harvest it, and the difficult task of protecting this critical resource from natural and man-made forces.

### MON, SEPT 17 MEDICINAL PLANT WALK & WORKSHOP

10am Scott's Landing Preserve See June 18th for details.



### THUR, SEPT 20 MUSHROOM WALK ★

1-3pm Location Given at Sign Up

Mushroom expert David Porter will lead this walk at a preserve with both woods and meadows. See mushrooms found in these different habitats and gain a clearer understanding of their role in the cycles of nature. Some of the wild edible mushrooms that may be present at this time of summer include Meadow Mushrooms, Chanterelles, Shaggy Manes, Boletes and Oyster Mushrooms in addition to some that are common poisonous species such as the Death Angel. \$5 mem/\$10 non-mem. Limited space; registration required.

**\$5 Suggested donations** are welcomed at Walks & Talks to support broadened environmental programming.

**Additional Walks & Talks** may be added. Check our website, Facebook, call, or visit our office for updated information.

Don't forget the **NATURE SHOP**, full of great wildlife guides, local maps, nature-inspired toys, and more!

For more information about programs, please call Island Heritage Trust at 348-2455 or email [marissa@islandheritagetrust.org](mailto:marissa@islandheritagetrust.org)

### Support Island Heritage Trust...

Island Heritage Trust is a community-based, member supported organization that ensures access to and conservation of the natural beauty and resources of Deer Isle.

If you love what the Trust is doing, have a favorite preserve you regularly visit, or enjoy our Walks & Talks, [please consider becoming a Luna Society member by signing up to donate monthly](#). It is a simple and meaningful way to extend your investment in the Trust's work. Visit [www.islandheritagetrust.org](http://www.islandheritagetrust.org), click on the "DONATE NOW" button and choose "Monthly."